

One

Learner	Backstroke alone	Handstroke alone	Both strokes assisted	Both strokes alone	Rounds assisted	Rounds alone	Ringling up assisted	Ringling down assisted	Ringling up alone	Ringling down alone	Call Changes	Service ringing	Ringling up in peal	Ringling down in peal

Two

Learner	Plain hunt on five	Plain hunt on six	Drum the tenor	District Practice	District Social	Treble to Bob Minor	Rung on eight bells	Rung on ten bells	Rung all the bells in your tower	Introduce a friend to ringing	Called call changes	Plain bob minor inside	Treble to Little Bob	Little Bob inside

Three

Learner	Calls in plain bob	Treble bob	Rung on twelve bells	Rung for a wedding	Guild Practice	Guild Social	Spring clean the ringing chamber	Assisted work on the bells	Altered a rope length	Learnt a plain minor method	Rung Grandsire Doubles	Rung Grandsire Triples	Call a touch of plain bob	Rung a Quarter Peal